

PILOT MOUND HOCKEY ACADEMY



Male U15 Prep, Male U17 Prep,
Male U18 Prep, Female U18 Prep

8 Railway Street or Box 375

Pilot Mound, MB, R0G 1P0

(204) 825 - 7667

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PMHA “Get Ready” List 2025-2026 Season

We are super excited to welcome you to the PMHA family on Saturday, August 30, 2025. As you begin to plan and pack, the following will assist you in “getting ready” and ensuring you have what you need when you arrive:

PMHA will supply:

- 8'x11' single occupancy, lockable dorm room, which includes a twin or twin XL bed and mattress, desk, desk chair, closet with shelves and hanger bar, under bed storage cubby and two deep drawers, and individually controlled heat and AC temperatures
- Shared bathrooms complete with single stalls, single showers, and multiple sinks. Paper towels and toilet paper are provided
- The female dorm has 4 private bathroom/shower rooms. Paper towels and toilet paper are provided
- Two dedicated washers and dryers per team/dorm floor
- Common dining room, recreation areas, classroom and boardroom
- 5 smart tvs situated throughout the common areas, classroom and boardroom
- Wireless WiFi. There are no cables/satellite available in the dorm rooms or common areas
- 3 meals per day (breakfast, lunch, supper) during the week, with 2 meals per day (brunch and supper) provided on game free/sleep in weekends when at the dorms
- Snacks openly available daily until curfew when at the dorms
- Daily meals and pre/post game snacks while traveling for hockey
- PMHA has their own skate sharpener and will maintain all players' skates
- stick and sock tape

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PMHA May Supply Upon Request:

- Bedding, including fitted sheet, blankets and pillows
- Towels
- Transportation to and from the airport for out of province players can be arranged. A charge will be added to the Student Athlete's account for each trip. Hockey injury-related transportation may be covered by PMHA.

Student Athletes Need to Bring:

- Cell phone with Canadian SIM card (international students may choose to bring their existing phone and purchase a SIM card and phone plan once they arrive in Canada)
- Bedding - which includes Comforter, Sheets, Blankets, Pillows
- Laundry bag/basket, laundry soap (Pods are the best)
- Towels and washcloths
- Toiletries, hair products, etc.
- Personal Clothing, including appropriate attire for walking the 4 blocks to school in winter
- Duffle Bag/Small Suitcase for road trips
- Game Day Attire
 - a. All student athletes and teams shall wear a shirt and tie, slacks and a collared shirt, dress pants and nice shirt, mock turtleneck, tracksuit or team jersey, when in public on travel days, game days or at a team function (suit jackets are not required). Appropriate shoes for the style of dress must also be worn and appropriate team staff attire must be worn depending on your position with the team. Dresses/formal wear are required for Female athletes
- Swimming suit(s)
- Baseball Glove (if available)
- Personal spending money (ie. buying snacks, personal shopping needs attending movies, etc.).

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- a. There is an ATM available at Call-Inns Hotel. Westoba Credit Union is the only Financial Institution in the community
- Cell phone with adequate data plan (there is no WIFI on most busses)
- Laptop, chromebook, or tablet that is compatible with Google Classroom
 - a. Students utilize Google Apps for sending homework to teachers. ChromeBooks work best with this system. Many students use their phones/tablets.
- Outside Shoes
- Inside shoes for PMHA gym sessions
- Inside Shoes for dorm life (slides, birks, crocs, etc.) as no outside shoes allowed in the dorms
- Slides for showering
- Black Hockey Helmet
- Extra set of Skate Blades
- Extra sets of Skate Laces

Student Athletes May Prefer to Bring:

- Drying rack for clothes
- Second set of inside shoes to leave in your hockey bag for pre game warm ups
- Second set of slides for your hockey bag for the dressing room/shower
- Second set of toiletries / towel for your hockey bag
- Protein Powder, pre-workout, electrolytes, etc.
- Vitamins, advil cold and sinus, Tums, emergen C, etc.
- Hand sanitizer and wipes for dorm rooms (hand sanitizer stations provided)
- Polident (for cleaning retainers and toothbrushes)
- Mini Fridge (You can buy online via Amazon or through the local Home Hardware store for delivery right to the dorms (8 Railway Street, Pilot Mound, MB, R0G 1P0)
- Basket for holding toiletries to and from the shower/dorm room
- Extra blankets for lounging
- Gaming system (PC, Playstation, Xbox, Switch, etc.)
- Network cable for gaming system direct plug into network switch in each dorm room
- TV or ipad for movies, etc.

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- Golf Clubs
- Fishing rod and tackle
- Ball glove and balls
- Roller Blades
- Bluetooth speaker
- Decorations for Dorm Rooms (jerseys, flags, etc)
 - No string lights allowed in dorm rooms
- Alarm Clock
- Fan
- Hangers
- Lamp and/or Flashlight